



**PLAN DESIGN & BENEFITS
PROVIDED BY AETNA LIFE INSURANCE COMPANY**

PLAN FEATURES		IN-NETWORK DESIGNATED PROVIDERS
Benefit limitations - Some service or supplies have limits on them per year. There might be a maximum number of visits or days, or a dollar limit per year. In such cases, the benefit year begins on January 1 (unless otherwise noted). Refer to your plan documents to learn more.		
Deductible (per calendar year)	\$4,000 per Individual \$8,000 per Family	
You must first meet the deductible before the plan begins paying benefits, unless otherwise noted. The amount you pay (cost sharing) for some medical services does not count toward your deductible. Prescription drug costs do not count toward the deductible. Refer to your plan documents for details. Your family will have one deductible. You will meet it when the expenses of several family members add up to the family deductible. No one person will have to pay more than the individual deductible.		
Member coinsurance	You pay 40%	
Applies to all expenses except as noted.		
Out-of-pocket limit (per calendar year)	\$8,500 per Individual \$17,000 per Family	
Your pharmacy expenses count toward your out-of-pocket limit. In-network expenses include coinsurance/copays and deductibles. Your family will have one out-of-pocket limit. You will meet it when the expenses of several family members add up to the family out-of-pocket limit. No one person will have to pay more than the individual out-of-pocket limit amount.		
Lifetime maximum Unlimited except where otherwise indicated.		
Primary care physician selection	Encouraged	
Referral requirement	Not required	
Telehealth consultations - You can access covered services for telehealth visits from different kinds of providers in your network. Log on to Aetna.com to see a list of telehealth providers. You'll also find more about your options, including cost share amounts.		
Virtual care consultations - You can access covered services for virtual care visits from different kinds of providers in your network. Log on to Aetna.com to see a list of virtual care providers. You'll also find more about your options, including cost share amounts.		
Network Designations - In order to be covered at the preferred in-network benefit level you must use a designated provider for care. If you receive care from a non-designated provider your care may be paid at the out-of-network benefit level or may not be covered at all.		
CVS VIRTUAL CARE		IN-NETWORK
CVS Health Virtual Primary Care (VPC) - preventive care consultations	Covered 100%; no deductible	
Includes screening and counseling services through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for more information.		
CVS Health Virtual Primary Care (VPC) - consultations	Covered 100%; no deductible	
Includes basic medical service consultations through CVS Health Virtual Primary Care for members age 18 and older; refer to Aetna.com for additional information.		
CVS Health Virtual Care (VC) - general medicine	Covered 100%; no deductible	
CVS Health Virtual Care (VC) - mental health	Covered 100%; no deductible	



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PREVENTIVE CARE	IN-NETWORK DESIGNATED PROVIDERS
Routine adult physical exams/immunizations 1 exam every year	Covered 100%; no deductible
Routine well child exams/immunizations <ul style="list-style-type: none">• 7 exams in the first 12 months• 3 exams from age 13 months to 24 months• 3 exams from age 25 months to 36 months• 1 exam every 12 months thereafter until age 22	Covered 100%; no deductible
Routine gynecological care exams 2 exams and pap smears per year, including related fees	Covered 100%; no deductible
Routine mammogram Recommended: One per year for members age 40 and over	Covered 100%; no deductible
Women's health Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling. Also includes: contraceptive methods (ACA mandated contraceptives, including contraceptives and devices you can't get at a pharmacy), sterilization procedures (including tubal ligation), patient education and counseling. Limits may apply.	Covered 100%; no deductible
Pre-natal maternity	Covered 100%; no deductible
Routine digital rectal exam Recommended: For members age 40 and over	Covered 100%; no deductible
Prostate-specific antigen test Recommended: For members age 40 and over	Covered 100%; no deductible
Colorectal cancer screening Recommended: For members age 45 and over	Covered 100%; no deductible
Routine eye exams 1 routine exam per 24 months.	Covered 100%; no deductible
Routine hearing screening	Covered 100%; no deductible
PHYSICIAN SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Office visits to primary care physician (PCP) Includes services of an internist, general physician, family practitioner or pediatrician.	\$50 office visit copay; no deductible
Telehealth consultation with non-specialist	\$50 office visit copay; no deductible
Specialist office visits	\$70 office visit copay; no deductible
Telehealth consultation with specialist	\$70 office visit copay; no deductible
Hearing exams	Not Covered
Walk-in clinics Walk-in clinics are free-standing health care facilities. Sometimes they may be within a pharmacy, drug store, supermarket, or other retail store. They offer some limited medical care and services. Not walk-in clinics: Urgent care centers, emergency rooms, the outpatient department of a hospital, ambulatory surgical centers, and physician offices.	\$50 copay; no deductible
Allergy testing	\$70 copay; after deductible
Allergy injections	\$70 copay; after deductible



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DIAGNOSTIC PROCEDURES	IN-NETWORK DESIGNATED PROVIDERS
Diagnostic X-ray (Other than complex imaging services) When your physician performs and bills for this service at their office, you pay your office visit cost share amount.	40%; after deductible
Diagnostic laboratory When your physician performs and bills for this service at their office, you pay your office visit cost share amount.	40%; no deductible
Diagnostic complex imaging When your physician performs and bills for this service at their office, you pay your office visit cost share amount.	40%; after deductible
EMERGENCY MEDICAL CARE	IN-NETWORK DESIGNATED PROVIDERS
Urgent care provider	\$100 office visit copay; no deductible
Non-urgent use of urgent care provider	Not Covered
Emergency room Copay waived if admitted	\$250 copay; no deductible
Non-emergency care in an emergency room	Not Covered
Emergency use of ambulance	Covered 100%; no deductible
Non-emergency use of ambulance	Not Covered
HOSPITAL CARE	IN-NETWORK DESIGNATED PROVIDERS
Inpatient coverage Per confinement charge applied per admission, 2x limit per year, waived if readmitted to a hospital, regardless of cause, within 90 days. When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.	40% after \$500 copay; after deductible
Inpatient maternity coverage (includes delivery and postpartum care) When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.	40% after \$500 copay; after deductible
Outpatient hospital When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.	40%; after deductible
Outpatient surgery - hospital When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.	40%; after deductible
Outpatient surgery - freestanding facility When you receive outpatient care at a hospital but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.	40%; after deductible
MENTAL HEALTH SERVICES	IN-NETWORK DESIGNATED PROVIDERS
Inpatient When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.	40% after \$500 copay; after deductible
Inpatient non-biologically based Your cost sharing applies to all covered benefits incurred during your inpatient stay.	40% after \$500 copay; after deductible
Mental health office visits	\$50 copay; no deductible
Crisis intervention services	\$50 copay; no deductible
Mental health telehealth consultations	\$50 office visit copay; no deductible
Other mental health services	Covered 100%; no deductible



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When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.

SUBSTANCE ABUSE	IN-NETWORK DESIGNATED PROVIDERS
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Inpatient	40% after \$500 copay; after deductible
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When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.

Residential treatment facility	40% after \$500 copay; after deductible
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When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.

Substance abuse office visits	\$50 copay; no deductible
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Substance abuse telehealth consultations	\$50 office visit copay; no deductible
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Other substance abuse services	Covered 100%; no deductible
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When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.

THERAPY SERVICES	IN-NETWORK DESIGNATED PROVIDERS
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Spinal manipulation therapy	\$70 copay; no deductible
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Outpatient short-term rehabilitation	\$70 copay; no deductible
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Limited to 60 visits per year

Includes physical, occupational, and speech therapies.

Habilitative physical therapy	Covered 100%; no deductible
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Habilitative occupational therapy	Covered 100%; no deductible
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Habilitative speech therapy	Covered 100%; no deductible
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Autism related physical therapy	Covered 100%; no deductible
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Autism related occupational therapy	Covered 100%; no deductible
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Autism related speech therapy	Covered 100%; no deductible
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Autism related behavioral therapy	\$50 copay; no deductible
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These benefits are combined with outpatient mental health visits

Autism related applied behavior analysis	Covered 100%; no deductible
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Your benefits for these services are the same as any other outpatient mental health other services benefit

OTHER SERVICES	IN-NETWORK DESIGNATED PROVIDERS
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Skilled nursing facility	30%; after deductible
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Limited to 60 days per year

When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.

Home health care	\$50 copay; no deductible
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Limited to 60 visits per year

Private duty nursing not included.

Limited to three visits per day by staff from a home health care agency. One visit equals a period of four hours or less.

Hospice care - inpatient	40%; after deductible
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When you're admitted into a facility for the care you need, your cost sharing amount counts toward all covered benefits you receive.

Hospice care - outpatient	40%; after deductible
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When you receive outpatient care at a facility but don't stay overnight, your cost sharing amount counts toward all covered benefits during your visit.

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Private duty nursing	Not Covered
Durable medical equipment	40%; after deductible
Diabetic supplies	
• If not covered under the prescription drug benefit	You pay your PCP visit cost sharing amount
• If covered under the prescription drug benefit	You pay your applicable prescription drug cost sharing amount
Infusion therapy - home/office	\$70 copay; no deductible
Infusion therapy - outpatient hospital/freestanding facility	Your cost sharing amount depends on the type of service and where you receive it.
Gene-based, Cellular, and other Innovative Therapies (GCIT™)	Your cost sharing amount depends on the type of service and where you receive it. \$70 copay; no deductible for gene therapy drugs, if applicable In-network coverage is provided at GCIT™ designated facilities only.
Hearing aids 1 hearing aid per ear every 3 years	40%; after deductible
Transplants	40% after \$500 copay; after deductible In-network coverage is only available at Institutes of Excellence (IOE) contracted facility.
Bariatric surgery When you're admitted into a hospital for the care you need, your cost sharing amount counts toward all covered benefits you receive.	40% after \$500 per admission copay; after deductible
Acupuncture Limited to 10 visits per year	\$50 copay; no deductible
FAMILY PLANNING	IN-NETWORK DESIGNATED PROVIDERS
Infertility treatment	Your cost sharing amount depends on the type of service and where you receive it. You have coverage for artificial insemination and the diagnosis and treatment of the underlying cause of infertility.
Advanced Reproductive Technology (ART)	Your cost sharing amount depends on the type of service and where you receive it. ART coverage is limited to three cycles per member's lifetime and includes in vitro fertilization (IVF), zygote intrafallopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved embryo transfers, intracytoplasmic sperm injection (ICSI) or ovum microsurgery, cryopreservation and storage. Also includes ovulation induction (OI). Maximum applies to all procedures covered by any of our plans except where prohibited by law.
Fertility preservation	Your cost sharing depends on the type of service and where you receive it. Includes coverage for cryopreservation and storage for iatrogenic infertility Iatrogenic infertility is infertility that may occur as a result of certain types of medical treatment
Vasectomy	Your cost sharing amount depends on the type of service and where you receive it.
Tubal ligation	Covered 100%; no deductible



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PHARMACY		IN-NETWORK
Pharmacy plan type		Advanced Control Plan - Aetna
Prescription drug out-of-pocket limit		Prescription drug expenses apply to your medical out-of-pocket limit.
Preferred generic drugs		
	Retail	\$25 copay
	Mail order	\$62.50 copay
No copay for diabetic supplies and insulin.		
Preferred brand-name drugs		
	Retail	\$50 copay
	Mail order	\$125 copay
No copay for diabetic supplies and insulin.		
Non-preferred generic and brand-name drugs		
	Retail	\$75 copay
	Mail order	\$187.50 copay
Pharmacy day supply and requirements		
	Retail	You can get up to a 30-day supply from Aetna National Network
	Mail order	You can get a 31-90-day supply from CVS Caremark® Mail Service Pharmacy.
	Specialty	You can get up to a 30-day supply of specialty drugs You must fill all specialty drugs through our preferred specialty pharmacy network. Advanced Control Formulary Aetna Insured List
Your prescription drug plan also includes:		
<ul style="list-style-type: none">• Diabetic supplies and blood glucose monitors• Insulin drugs covered 100%• Prescription weight loss drugs with precertification• Sexual dysfunction drugs, including daily dose, additional 6 tablets a month for erectile dysfunction• A limited list of over-the-counter medications when filled with a prescription		
Family planning		
<ul style="list-style-type: none">• Oral and injectable fertility drugs included (physician charges for injections are not covered under RX, medical coverage is limited).• Contraceptives covered up to a 12-month supply. Contraceptive copay strategy applies.		
The following are covered 100% in-network:		
<ul style="list-style-type: none">• Oral chemotherapy drugs• Seasonal vaccinations• Preventive vaccinations• Affordable Care Act (ACA) eligible preventive medications and contraceptives		
Refer to Aetna.com for a complete list of eligible prescription drugs.		
Precertification requirements		
Some covered prescription drugs need approval from us before we will cover the drug.		
Some covered prescription drugs require step therapy before we cover them. With step therapy, you must first try one or more drugs before we will pay for drugs that require step therapy.		
To get the most up-to-date precertification requirements and a list of drugs that require step therapy, see your plan documents or go online to your member website.		
Choose generics - Sometimes you or your provider may ask for a brand-name prescription drug when a generic is available. If so, you will pay the brand-name copay plus the difference between the generic price and the brand-name price.		



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GENERAL PROVISIONS

Dependents who are eligible to be on your plan Spouse, children from birth to age 26. Student status of children does not matter.

Plans are provided by: Aetna Health Inc. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

If you are in a plan that requires the selection of a primary care physician and your primary care physician is part of an integrated delivery system or physician group, your primary care physician will generally refer you to specialists and hospitals that are affiliated with the delivery system or physician group.

The following is a list of services and supplies that are *generally* not covered. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental X-rays.
- Donor egg retrieval
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Immunizations for travel or work, except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
- Special duty nursing
- Therapy or rehabilitation other than those listed as covered

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of this material into another language may be available. Please call Member Services at the number on the back of your ID card.

Puede estar disponible la traducción de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862**.



HEARTSHARE HUMAN SERVICES OF NEW YORK

Effective Date: 03-01-2025

Open Access® Elect Choice® - New York

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Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to www.aetna.com.

Aetna and MinuteClinic, LLC (which either operates or provides certain management support services to MinuteClinic-branded walk-in clinics) are both within the CVS Health family.

*****This plan document provides you with an overview of some of your benefits and your cost share obligations. This information is for illustrative purposes ONLY. This document is not an official document and may differ from your Certificate of Coverage (COC), which is your official document. Refer to your COC for your coverage and services and any obligations on your part.**

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